



THE ROLE OF THE COMMUNITY TO PERFORM SELF ISOLATION AS A STATE DEFENSE FORM IN THE ERA OF COVID-19

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Abstract: Covid-19 is a very serious problem in 2020, claiming millions of lives. One issue is the rapid spread rate and the large number of infected groups without clinical symptoms and has the potential to become a source of spread for other people. One way to prevent the spread of covid-19 is disciplined awareness of conducting self-isolation for infected groups. This research discusses self-isolation awareness as a form of state defense during Covid-19. This research is a literature review study that uses 3 types of approaches to discuss social issues, namely status approach, conceptual approach, and case approach. The results of this study reveal that we are only urged to stop the spread of this virus, with government appeals, by participating in defending the country without taking up arms, we can fulfill our role as good citizens. As described above, State defense is adjusted to current community conditions, e.g. in the midst of the Covid-19 pandemic. At this time, state defense updating is not just staying at home, but still productive with our home system work as usual. The government has issued various policies, including studying at home, working from home, and praying at home. Following the government's recommendation is actually a form of state defense to defend the country as a form of our love for Indonesia

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Introduction

The disease, which has no name yet, appeared in China on December 31, 2019, and the name “Corona Virus Disease” or “Covid-19” has not been announced yet. On January 7,

2020, Chinese authorities successfully identified the new coronavirus and on January 11, 2020, Chinese officials announced a case of the new virus is linked to seafood in Wuhan. On January 12, 2020, WHO came up with the new virus name: Novel Coronavirus 2019. (2019 n-Cov). On January 30, 2020, WHO raised the Covid-19 outbreak as an epidemic or emergency for world health because it was a very fast spreading epidemic. Thailand first confirmed the first case of cholera on January 13, 2020. The outbreak spread to Japan and South Korea and then quickly to other countries. On March 11, 2020, WHO President Tedros Adhanom Ghebreyess announced a pandemic. (Wu et al., 2020)

After a year since Covid-19 was introduced, 90,335,308 cases have been diagnosed worldwide, with 1,954,336 deaths. Dengan negara tertinggi yang terinfeksi Covid-19, yaitu Amerika Serikat dan Eropa dengan 39,835,210 kasus, 29,510,450 kasus, 12,338,995 kasus, 5,222,466 kasus dan 2,210,137 kasus. Indonesia is the country with the highest reported number of deaths in the Asia-Pacific region . (“WHO Coronavirus Disease (COVID-19) Dashboard,” 2020).

The Indonesian people first thought the Covid-19 virus would not reach Indonesia because it is far from Indonesia, and because the climate is hot, and because the Indonesian government has not yet considered the danger of the virus. influenza is short-term and self-limiting. President Joko Widodo and Minister of Health Terawan Agus Putranto announced on March 2, 2020 that the first victim of the disease was contracted in Japan. There was a similar situation in Indonesia. If we knew that the new Covid-19 virus, which was first discovered in Wuhan, and which is spreading very quickly, everyone, both government and citizens, is more alert. (“WHO Coronavirus Disease (COVID-19) Dashboard,” 2020).

The idea of the defense of the country is explained as the acceptance of all national factors that all foreigners criticize, criticize and put in danger the country as the capacity of defense, defense, which is an ideology in development of the country, defense, politics, economy, social, custom, culture, state and the approach to life of Pancasila. Article 27, Paragraph 3 of the 1945 Constitution says "if each State community is in power and must participate and in the effort to defend the country" Defending the country must be our attention and commitment. Defending the country needs to be matched with the current situation of citizens as a form of actualization, and synergize so that the realization of a common need is that there are no more victims of Covid-19. Today we are required to make changes and reforms listed in maintaining the existence and perfection of our beloved country. The important factor is related to the quality and amount of understanding in defending the country, the people of the country, which is certain not only to appreciate and love but also to have early expertise to defend the country (Nurlita, 2020).

During the Covid-19 pandemic, many have asked for their understanding of defending the country. Caring for and protecting the country is the concretization of our love and patriotism for the country. Without an understanding of defending a strong country, we may face a weak nation or a nation that surrenders to enemies. Obviously, in defending the country, it will continue to be many small small battles that will be fought. Some supporters will always remain small in defending the State in each state so that there will always be a larger state of capabilities to fight against cases. Citizens who defend their country do not want to be easily provoked by parties attempting to collapse the country's perfection because their citizens prioritize individual needs, group needs, and party needs (Nuryanti, 2020).

Government Regulation Number 21 of 2020 concerns social separation of large value in the chart of the acceleration of action for coronavirus disease. The application of large-value social separation is regulated by the Minister of Health, who may authorize the application by the regional authorities. We all know that Corona Virus Disease 2019 is endemic. A Coronavirus Pandemic has been announced by the World Health Organization. This means that countries must respond to, avoid and cope with the Corona Virus. Government's Regulation Number 21 of 2020 dealing with Social Separation of Great Value in the chart of Corona Virus Disease was enacted by the powers that be (COVID-19). Lockdowns are used in various countries for preventing the spread of the disease, each country has its own strategy. Various isolation techniques have been tried, as well as location distancing, and preventative policies based on the highest standards of health have been instituted, because of the toxic effects of so many popular-selling items. The number of problems for people who were infected with Covid-19 increased day by day. Authorities have declared that the Covid-19 outbreak is a "earthquake" or "hurricane" in terms of law or by adding "earthquake" to the description (Hs, 2020).

Indonesia's priorities are the treatment of those who have been exposed to the Covid-19 virus, hoping they will never again get infected and that the virus will not infect more people. The rapid spread of the Coronavirus is hardest to predict for people who have no symptoms (PNS/ People With No Symptoms). Without symptoms, one has been infected with Covid-19, but doesn't show symptoms of illness. PNG is like a killer and potential killer that is dangerous to everyone who comes in contact with it, especially vulnerable groups. The government's appeal is an effort to prevent the spread of contagious-19 to areas it has not spread. No one wants to harm family, parents, and relatives in our hometown. Because they don't realize it, they are carriers of Covid-19 (Oktami Putri, 2020).

This paper will discuss the role of the community to carry out Self isolation in the midst of the COVID-19 Pandemic.

Methods and Materials

The research method was in the form of a normative legal and sociology review that studied the application of values in positive law by analyzing regulations related to the " The Role Of The Community To Perform Self Isolation As A State Defense Form In The Era Of COVID-19" using various approaches: statute approach, conceptual approach, and case approach (Diantha & SH, 2016).

Results and Discussion

ABOUT COVID-19

Corona Virus Disease 2019 (Covid-19) appeared on December 31, 2019, just before New Year. WHO announced several pneumonia cases in which no clear cause was identified. This virus appears in Wuhan City, Hubei Province, China. The case is thought to originate from a seafood market in Wuhan, China. On 7 January 2020, Chinese authorities succeeded in identifying a new type of coronavirus and named SARS-CoV 2 (Severe Acute Respiratory Syndrome-Corona Virus type 2). This virus has the same strain as SARS and MERS. SARS appears in Guangdong, China and MERS, which first appeared in Saudi

Arabia in 2012. Although SARS, MERS and SARS-Cov 2 come from the same strain, SARS-CoV-2 is more contagious than SARS and MERS. On January 12, 2020, WHO came up with the new virus name: Novel Coronavirus 2019-nCoV. WHO raised the Covid-19 outbreak as an epidemic or world health emergency status on January 30th, 2020 as transmission was very fast and spread to other countries. WHO announced a name change from 2019-nCoV to Covid-19 February 11, 2020. On March 2, 2020, Indonesia declared Covid-19's first case. Because Covid-19 almost infected the world, on March 11, 2020, WHO finally established the Covid-19 pandemic status (Rothan & Byrareddy, 2020; Sohrabi et al., 2020; Velavan & Meyer, 2020; WHO Covid-19, 2020).

Because this virus spreads rapidly, Covid-19 can be transmitted directly or indirectly, Covid-19 can be transmitted directly through droplets (coughing or sneezing), and this droplet transmission can occur when an infected person is close to an uninfected person within a distance of < 1 meter or can occur in the room using air conditioning (AC). Indirect transmission comes from Covid-19 contaminated objects. The number of cases of Covid-19 deaths can also be transmitted by air transmission (Aerosol). Aerosols include endotracheal intubation, bronchoscopy, suction, nebulization (in asthma patients) and cardiopulmonary resuscitation (CPR) (Gondouin, 2020; Kannan et al., 2020; Kemenkes RI, 2020; Shereen et al., 2020; Tim COVID-19 IDAI, 2020).

Symptoms of Covid-19 are like flu in general, namely fever, dry cough, nasal congestion, malaise, conjunctivitis, headache, sore throat, rhinorrhea, hypoxemia, loss of smell, skin rash. These symptoms can be mild and seem like no symptoms but can also make the patient experience worsening of Acute Respiratory Distress Syndrome (ARDS) or a case of multi-organ failure. Patients who have complicated diseases such as high blood pressure (hypertension), diabetes (diabetes mellitus), cancer treatment, and the elderly are more at risk of worsening Covid-19. On additional examination in the form of a chest X-ray found infiltration in the upper lung lobe associated with increased dyspnea with hypoxemia, on chest CT scan found bilateral ground-glass opacities (Alhazzani et al., 2020; Chen et al., 2020; Driggin et al., 2020; Sun et al., 2020; Tian et al., 2020; Tim COVID-19 IDAI, 2020; Vellingiri et al., 2020; "WHO Coronavirus Disease (COVID-19) Dashboard," 2020).

Several tests are needed to diagnose Covid-19, such as a rapid test (to detect Ig-M and Ig-G antibodies), PCR test or Swab test and CT scan to detect lung fluid. If someone takes a Covid-19 Rapid test and the result is known to be positive, it is uncertain that the person is infected with Covid-19 and a Swab test must be performed. But if the Rapid Covid-19 test results are negative, Covid-19 infection is not necessarily 100% free. WHO recommends a gold standard Covid-19 test, namely PCR or Swab test. There's a drug that's effective in treating Covid-19. If the patient experiences only mild Covid-19 symptoms, Self isolation is advisable for 14 days and prevents Covid-19 spread. Current treatments are intended to treat symptoms but not kill Covid-19 (Kemenkes RI, 2020; Sun et al., 2020; Tim COVID-19 IDAI, 2020).

Definition of State Defense (Attitude)

State Defense is a concept drawn up by the legislature and officials of a country regarding the patriotism of a person, a group or all components of a country in the interest of maintaining the country's existence. Every citizen has the same obligation in matters of state

defense. This is a manifestation of a citizen's love for his homeland that has given him life. This happens since a person is born, grows up and in his efforts to make a living. Every citizen has the right and obligation to participate in efforts to defend the state and the conditions regarding defense shall be regulated by law. Awareness of defending the country is essentially a willingness to serve the country and a willingness to sacrifice to defend the country. The spectrum of the country's defense was very wide, from the smoothest, to the fiercest. Starting from good relations among citizens to jointly warding off the real threat of armed enemies. Included in it is to act and do the best for the nation and the State (Bakesbangpol, 2013; Irfani, 2015; Soepandji & Farid, 2018; Timbul, 2016).

In defending our country as Indonesian citizens, what we can do in the midst of the Covid-19 pandemic or the corona virus that has disrupted and threatens the lives of the Indonesian people is by adhering to policies issued by central and regional governments, namely keeping people at a distance. Other or social distance, wash your hands well, eat healthy food, stay home. Whereas in the legal basis of Article 9(1) of Law No. 23 of 2002 on State Defense, which states that every citizen has the right and obligation to participate in efforts to defend the state. The manifestation of the effort to defend the State is the willingness and willingness of every citizen to make sacrifices to defend the independence, sovereignty of the country, unity and integrity of the Indonesian nation, integrity of the archipelago, survival and national jurisdiction, and the values of Pancasila and the Constitution of 1945 (Nurhalimah, 2020b; Shabrina, 2020).

Some of the goals of defending the state, including: (1) preserving the nation and state's survival (2) preserving the culture and the values of Pancasila and the 1945 Constitution (3) doing the best for the nation and state (4) preserving the nation/identity country's and integrity. The following are some of the benefits of defending the country: (1) Establishing a disciplined attitude towards activities and other arrangements for activity. (2) Forming a spirit of solidarity among fellow comrades in arms. (3) Mentally and physically strong. (4) To instill a sense of love and patriotism according to one's ability. (5) Train leadership in group leadership. (6) Establishing faith and piety in individual religions. (7) Parents, nation and religion. (8) Train individual activity speed, agility and accuracy. (9) Eliminating negative attitudes like laziness, apathy, wastefulness, selfishness and discipline (Bakesbangpol, 2013; Bondan Tiara, 2016; Indrawan & Aji, 2018; Noor, 2020; Sudarsono et al., 2018; Widodo, 2011).

Defending the country must be our concern. Defending the State needs to be adjusted to the current conditions of society as a form of actualization and synergize to realize the common interest, namely that Covid-19 will no longer be victims. We are currently required to change and innovate, including in our beloved country's existence and integrity. The important factor depends on the quality and quantity of awareness to defend their citizens' state, which is not only inspiring and loving, but also has the initial ability to defend the country (Bakesbangpol, 2013; Soepandji & Farid, 2018; Timbul, 2016; Widodo, 2011).

Amid the Covid-19 pandemic, many parties asked about the state's awareness of defending. Defending the State is a manifestation of our State love, nationalism that must exist in every citizen. Without a high, strong, and solid state defense awareness, a country will be fragile and even lose to global threats. Obviously, the higher the citizens' state

defense, the lower the conflicts that will occur. And vice versa, each citizen's lower state defense, the higher the potential for conflict problems that will occur. People who defend the state are high will not be easily provoked by parties who perform conflict issues that lead to the collapse of state integrity because people are more concerned with personal interests, group interests, and party interests.

Protocol of Self Isolation as an Attitude of State Defense

State defense efforts are based on awareness of each citizen's rights and obligations. Such awareness must be gained through a motivational process to love the country and participate in defending the state. The motivation process to defend the state and nation will succeed if every citizen understands the advantages and benefits of the state and its nation. In addition, every citizen should also understand the possibility of all kinds of threats to the Indonesian nation and state. For people who feel called to help and are directly involved in minimizing Covid-19 virus victims, they will jump in and follow the protocol. Not only thinking about other people, but also thinking about yourself to save other people, but becoming victims themselves. State defense updating in the face of the Covid-19 pandemic can be done even at home (stay at home), refrain from vacationing out of town, even if you're on a long vacation. And if there are people who are required or required to carry out the correct self-isolation protocol after being infected with Covid-19, such as not being able to go to work or go to the market for at least 14 days. While at home, it is advisable to be in a separate room from other house residents and get adequate ventilation and perform physical distance with a minimum distance of 1 meter and still wear a mask to talk. Use separate toiletries and eating utensils during this Self isolation, and provide a special plastic bag for tissue disposal when coughing or sneezing and routinely cleaning objects in contact with a patient confirmed Covid-19. Apply clean, healthy behavior and routinely take medicines consulted by a doctor (Hs, 2020; Mareta, 2020; Nurhalimah, 2020a, 2020b; Oktami Putri, 2020; Shabrina, 2020).

Staying at home is a form of state defense. Where we fulfill the government's appeal, there's also our role in defending the state to reduce the government's burden. Related to Covid-19, the actualization of defending our country is not as hard as the daily Covid-19 victims medics. We are only urged to stop the spread of this virus, with government appeals, here too we can fulfill our role as good citizens by participating in defending the country without taking up arms. As described above, State defense is adjusted to current community conditions and conditions, e.g. in the midst of the Covid-19 pandemic. At this time, state defense updating is not just staying at home, but still productive with our activities as usual with home system work. The government has issued various policies, including studying at home, working from home, and praying at home can be done as effectively as possible. And we must also know that those who do not work at home certainly work in the field and in the office while still following the Covid-19 protocol by keeping their distance. And don't let home study, home work, and home worship be seen as a vacation opportunity (Hs, 2020; Mareta, 2020; Nurhalimah, 2020b, 2020a; Oktami Putri, 2020; Shabrina, 2020).

Conclusion

In 2020, Covid-19 is a very serious issue which has claimed millions of lives. The rapid spread rate and the large number of infected groups without clinical symptoms are one of the problems and have the potential to become a source of spread for other individuals. Awareness to conduct self-isolation in a disciplined manner for infected groups is one of the methods to prevent the spread of covid-19. Self isolation is also an act of defending the state as a form of our love for Indonesia and of achieving government resilience.

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