

## The Effect of Job Demands and Job Resources on Turnover Intention Mediated by Work Engagement at PT Prinal

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### KEYWORDS

Job Demands; Job Resources,  
Work Engagement; Turnover  
Intention

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### ABSTRACT

This research aims to identify the influence of job demands and job resources on turnover intention, with work engagement as a mediating variable at PT Prinal. The retail industry faces high turnover rates, posing a significant challenge at PT Prinal despite the industry's enormous potential. The study involved 250 employees of PT Prinal, using a non-probability sampling technique. Analysis was conducted with SmartPLS v4.1.0.5, utilizing Partial Least Square (PLS) and Structural Equation Model (SEM) techniques to test the hypotheses. The findings show that greater job expectations dramatically reduce employee engagement and increase the likelihood of leaving the position. The job demands at PT Prinal are generally counterproductive, as demonstrated by how they diminish employee engagement. On the other hand, more excellent job resources considerably raise employee engagement at work and lower the intention to leave. Since job demands and job resources directly affect turnover intention, work engagement plays a role in mediating the interaction between these three variables. These results highlight how crucial it is to manage job expectations and resources to boost work engagement and increase employee retention.

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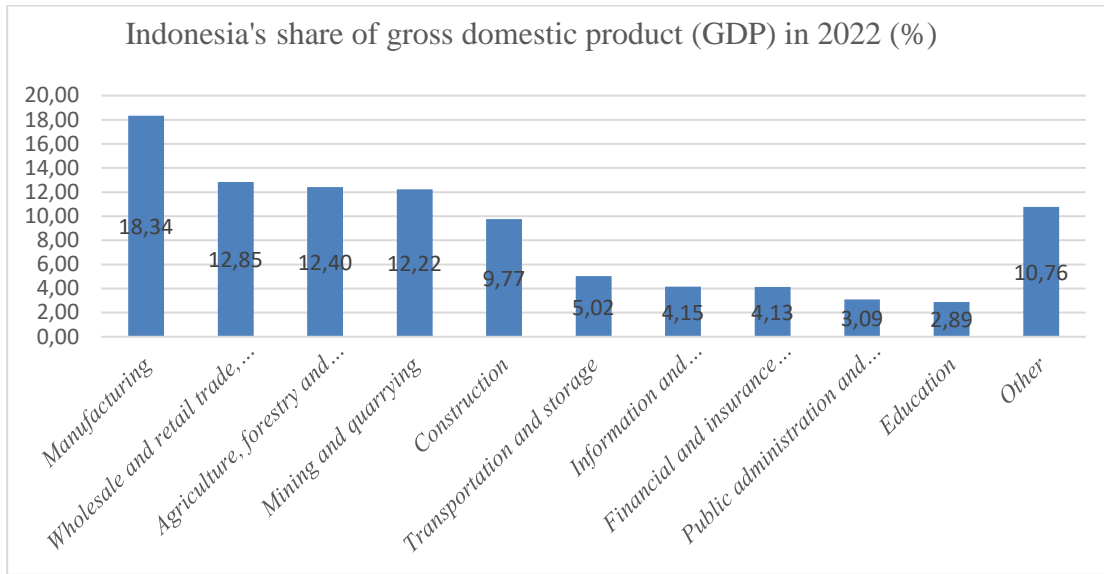
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### Introduction

The retail industry is one of the key sectors contributing significantly to Indonesia's economic growth, particularly within the trade sector, which accounts for up to 12.85% of the GDP. Retail is vital to economic development, with businesses spread across Indonesia and a high labor absorption rate. Given the news release (Kementrian Koordinator Bidang Perekonomian Republik Indonesia, 2024), Amid the uncertainty, Airlangga hopes that the retail sector can sustain the country's economy. More than 270 million people living in Indonesia, increasing urbanization, internet penetration of up to 70%, and the expansion of the middle class, which drives demand for the retail industry, are some of the elements that contribute to the growth of the retail sector.

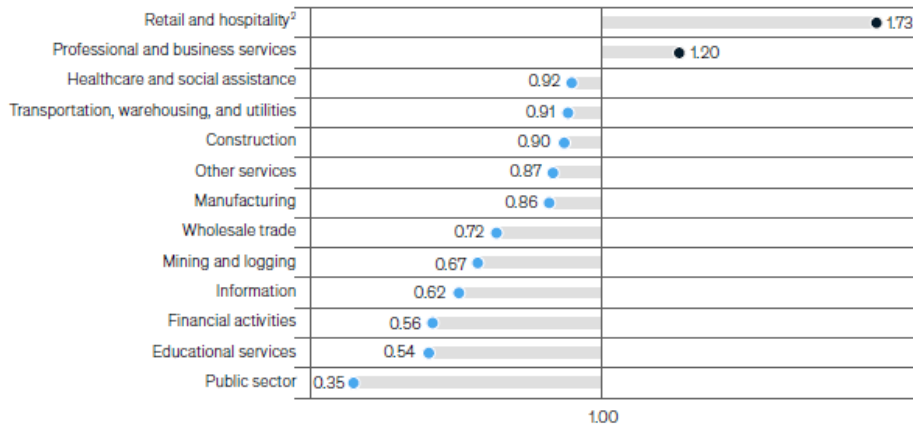


**Figure 1.**  
**Install Indonesia's Gross Domestic Product (GDP) in 2022**

Source: Central Bureau of Statistics - Statista 2023 (reprocessed)

The retail industry's success in Indonesia as a motor of economic growth faces various challenges. According to data from (Fuller et al., 2022), the biggest challenge of the retail industry is the higher *turnover of frontline* retail employees compared to other sectors. *Frontline* in the U.S., according to McKinsey, leaving their jobs have the following reasons: (1) *workplace flexibility* (34%), (2) *career development* (32%), (3) *health and well-being* (29%), (4) *compensation* (29%), and (5) *meaningful work* (27%). Another negative culture in the retail industry is thought to contribute to the high *turnover* rate in the retail sector (Berisha & Lajçi, 2021)

**US quit rates over 12 months ending Apr 2022, by sector,**  
index (total US economy average quit rate = 1.00)<sup>1</sup>



**Figure 2.**  
**Turnover in Various Industries (2021-2022)**

Source: (Fuller et al., 2022b)

A certain amount of turnover is expected and necessary to meet the organization's dynamic renewal needs. If turnover is high, it must be closely monitored. Since many people are dissatisfied with their jobs, industry players must prevent high turnover. If job dissatisfaction is the cause of employee departure, then the reason needs to be determined and addressed immediately. High turnover will be inversely proportional to the health and stability of an industry in achieving every organization's goal. Negative attributes trigger employees to experience stress and dissatisfaction, which will encourage turnover intentions to occur. (Pandey et al., 2019)

A deliberate and purposeful decision to leave an organization is known as turnover intention. In addition to other aspects, the key factors that significantly influence turnover intention are work-life balance, job satisfaction, and work engagement. (Laksono & Wardoyo, 2019). High turnover is undesirable and a significant problem for companies. This is because employees are a company investment that significantly impacts the company's effectiveness and efficiency. Companies need to carry out strategies for employee retention. Employee retention is an important matter that has a long-term impact on the health and success of an organization. (Manjula, 2023).

Turnover incurs significant direct (recruitment, selection, and time) and indirect (product quality, achievement of company goals, organizational stability, profitability, operational inconsistency) costs that can lead to decreased employee motivation. (Ongory, 2007). Turnover refers to the loss of some employees by a business, which necessitates recruiting new personnel. Employers bear the costs associated with hiring and preparing new employees for duty. Employee morale and motivation will suffer if left unchecked. Workers who have yet to try to get a new job in the past will start looking for vacancies and eventually quit.

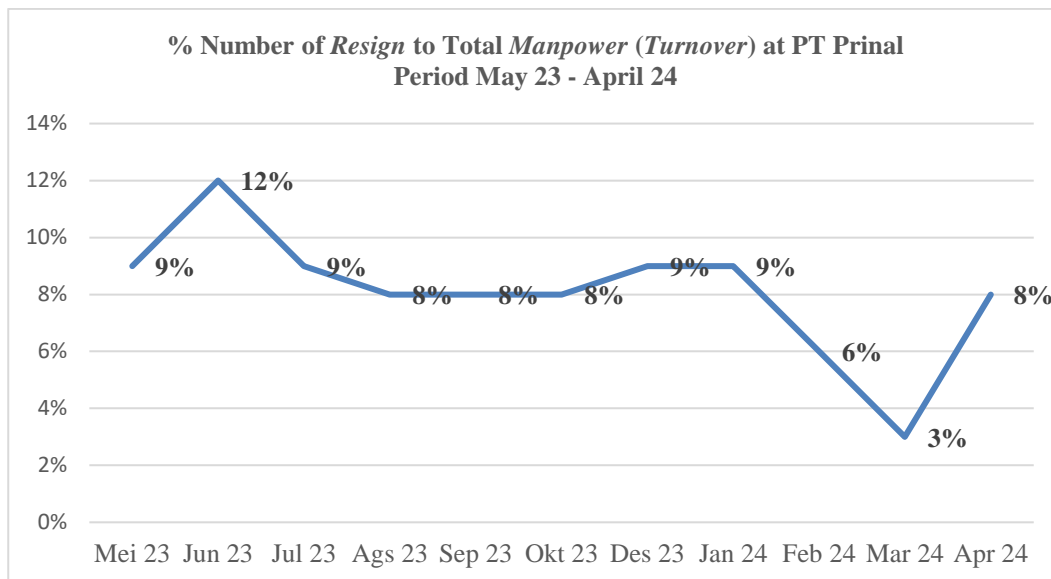
Challenges for the retail industry with significant economic growth potential, but endemic problems must be resolved. The inherent and difficult-to-change culture of the retail sector does not make it an obstacle to improving employee retention. The company in the research subject from PT Prinal has a high turnover percentage compared to similar industries every month. Various reasons cause turnover at PT Prinal, and 69% of the turnover is influenced by factors that can be controlled internally by the PT Prinal team. Other factors that influence turnover intentions are (1) job insecurity, (2) organizational commitment, (3) work stress and environment, and (4) realistic job information. (Al-Suraihi et al., 2021). Increasing benefits through incentives is one of the strategies for employee retention. This treatment is challenging in the retail industry because the margin of sales revenue is in the low group compared to other sectors. This encourages the need for different strategies that are more effective in reducing turnover.

**Table 1.**  
**List of Reasons for Employee Resignation in May 2023 - April 2024 at PT Prinal**

No.	Reason for Resignation	Control	Qty	%	Total
1	G1 - without explanation / absent from work for five consecutive days / sudden resignation	Internal	734	12.08%	
2	H.D. - Dissatisfied with Job Type / Getting a New Job	Internal	921	15.16%	84.74%
3	G.I. - Violating Company Regulations / SO Problems / Cannot Follow SOPs	Internal	3430	56.46%	

No.	Reason for Resignation	Control	Qty	%	Total
4	H.I. - Away from Work	Internal	33	0.54%	
5	G3 - Unwilling to be Mutated	Internal	30	0.49%	
6	H4 - Family Problems / Returning Home / Pregnant / Getting a New Job	External	353	5.81%	
7	H5 - Continuing Education	External	244	4.02%	
8	H6 - Health Problem / Family Sickness	External	113	1.86%	
9	H9 - Own Business / Self-Employment	External	78	1.28%	15.26%
10	G.J. - Deceased	External	2	0.03%	
11	G.B. - Expiry of Contract Agreement / Non-renewal / Contract Exhaustion	External	112	1.84%	
12	H.C. - Expiry of contract agreement with good judgment/contract extension	External	25	0.41%	
			6075	100%	

Source: Internal data of PT Prinal (reprocessed)



**Figure 3.**  
**Turnover Period May 23 - April 24 at PT Prinal**

Source: Internal data of PT Prinal (reprocessed)

PT Prinal has been in retail for over ten years since 2011. A long enough time to learn how an organization can stand and be strong in facing all situations and conditions. Turnover-related problems have yet to be resolved and have become a significant problem until now. High job demands at PT Prinal, indicated by long working hours, working on holidays, multitasking, and pressure to achieve targets, are thought to contribute to creating a high % turnover. This is different from the availability of adequate job resources, such as opportunities for career advancement and practical support from superiors. Improper job demands and resource management will lead to high turnover,

causing vacant positions in each section. The company's significant direct and indirect expenditures and instability make achieving organizational goals challenging.

Previous studies by Fuller et al. (2022) identified that turnover among frontline retail employees, particularly in the United States, is driven by workplace flexibility, career development, well-being, compensation, and perceived job meaning. Additionally, Berisha and Lajçi (2021) noted that a negative workplace culture within the retail industry can contribute to high turnover rates. Pandey et al. (2019) further explained that high job demands lead to stress and dissatisfaction, fueling turnover intentions.

This study focuses on the influence of job demands and job resources on turnover intention, with work engagement as a mediating variable, offering a distinct perspective from prior research. Unlike previous studies that predominantly examined external factors such as flexibility and compensation, this research explores the role of internal job demands and resources within PT Prinal in reducing employee turnover intentions. Furthermore, it adopts a structural approach using PLS-SEM to identify work engagement as a mediating factor in the relationship between job demands, resources, and turnover intention. The findings of this study are expected to provide practical insights into human resource management in the retail sector and contribute to the development of more effective employee retention strategies.

The main objective of this study is to identify the importance of job demands and job resources as factors that influence employees' intention to leave their jobs through work engagement. Suppose job resources influence reducing turnover intention by increasing work engagement. In that case, PT Prinal and other retail businesses must pay attention to adequate job resources so that their employees can overcome their job demands. There is an anomaly where the work culture in PT Prinal and similar retail industries has some similarities. Still, the organizational stability found in other retail companies tends to be better. The lower and controllable turnover percentage evidences this. This condition requires PT Prinal to explore the role of job resources that can control job demands and turnover intention.

This research is expected to help broaden the understanding of human resource management and highlight the role of work engagement in moderating the relationship between job demands, resources, and turnover intentions. In addition, it can bring results that every industry can apply to reduce the value of turnover intentions. Suppose the negative attributes in the retail sector are difficult to remove. In that case, there is a step that the retail industry can take to maintain the turnover value, one of which is through the provision of job resources. Suppose the research findings show that job resources do not have a significant effect. In that case, further investigation is needed to find more successful variables in reducing the value of turnover intentions.

## **Materials and Methods**

This research uses a quantitative methodology to measure and statistically analyze the relationship between variables (Sugiyono, 2020). This study aims to provide PT Prinal with an understanding of the variables that can decrease the intention to quit and increase staff retention. Some practical impacts are plans to create better human resource management techniques, improve working conditions, and strengthen leadership support.

### **1. Sampling Technique**

According to Sugiyono (2020), the sample is part of the size and composition of the population. The author uses the probability sampling method in the sample collection procedure. The basic random sampling approach is the type of probability sampling method applied. Random sampling is carried out without taking into account population stratification.

According to (Hair, Risher, Sarstedt, & Ringle, 2019), A more appropriate sample size is a ratio of 10 1, and the ratio of observations to indicators of each variable is usually at least five times greater than the number of variables to be evaluated. Because there are 22 question indicators in this study, a sample size of  $22 \times 10 = 220$  samples is required.

### **2. Data Collection Technique**

This study collected primary data or data collected from the first source (research subjects). The data collection method used was a survey conducted through Google Forms. The Google form provided was a questionnaire with some closed questions. This type of data collection involves giving respondents a list of written questions to answer (Sugiyono, 2020).

### **3. Data Analysis Technique**

With the help of the SmartPLS 4.0 application, the data analysis technique used in this study to ascertain the impact of job demands and job resources on turnover intention through job attachment simplifies the entire data calculation and analysis procedure. The author of this study mainly collected data for this study by using questionnaires, and the validity and reliability of the questionnaires are two essential requirements.

### **Partial Least Square (PLS)**

Partial Least Square (PLS) is an analytical technique sometimes called "modeling" because it removes the assumptions of OLS (Ordinary et al.) regression, such as the requirements that the data be multivariate and regularly distributed and multicollinearity between exogenous variables is not a problem. Weak hypotheses and data, such as limited samples and data normality issues, can be tested using Partial Least Squares (PLS). In addition to verifying the theory, PLS can be used to explain whether there is a relationship between latent variables. To avoid the problem of factor indeterminacy and treat the latent variable estimation procedure as a linear combination of indicators, PLS, as a prediction technique, assumes that all variance measures are valuable variances to be explained. (Dr. Duryadi, 2021). The outer and inner models are the two main models used in PLS analysis. SmartPLS 4.0 is the program used in this study.

The Partial Least Square (PLS) method was employed in this study using the SmartPLS 4.0 software. For several critical reasons, PLS was selected over other statistical techniques, such as covariance-based Structural Equation Modeling (CB-SEM). Firstly, PLS is more flexible for data that do not meet multivariate normality assumptions, which is often challenging in field data collection within retail companies like PT Prinal. Secondly, PLS is appropriate for relatively small to medium sample sizes, such as the 250 respondents in this study, allowing for significant results even with a sample size smaller than that required for CB-SEM.

Additionally, PLS enables researchers to explore latent variables and the relationships between variables more deeply through a predictive modeling approach. This approach aligns with the

research goal of testing theoretical relationships and predicting factors influencing turnover intentions in the retail sector. Therefore, PLS offers higher flexibility and more robust results than other SEM methods in the context of this study.

### Analysis of Research Hypothesis Testing

Structural Equation Modelling (SEM) analysis was used in this study to evaluate the research hypotheses. Through the use of equations, SEM examines the structure of relationships. These equations describe each relationship between constructs (dependent and independent variables) and other variables used in the analysis (Hair et al., 2019). The process of finding out the relationship between variables is called bootstrapping. Standard errors are used in bootstrapping to calculate p values and t values (t statistics). (Hair et al., 2019). (Hair et al., 2019) stated that a p-value below 0.05 (significance level = 0.05) could be considered significant, but a (two-sided) t-value of 1.69 is used for a considerable value.

### Results and Discussions

This research uses the partial least squares method, a multivariate statistical methodology that simultaneously analyses the influence between variables to anticipate, explore, or create a structural model. According to (Hair et al., 2021), measurement model assessment, structural model evaluation, and evaluation of model goodness and fit are all included in the PLS model evaluation.

#### 1. Evaluation of the Measurement Model

Job demands, job resources, work engagement, and turnover intention are measured reflectively in the measurement paradigm of this study, which uses a reflective approach. According to (Hair et al., 2021), reflective measurement models are evaluated using discriminant validity tests (cross loading, fornell lesser, and HTMT), reliability tests (composite reliability and Cronbach's alpha  $\geq 0.70$ ), and validity tests (loading factor  $\geq 0.70$  and average variance extracted AVE  $\geq 0.50$ ).

#### Validity and Reliability Test

**Table 2.**  
**Validity and Reliability Test Results**

Variables	Measurement Item	Indicators	Outer Loading	Cronbachs Alpha	Composite Reliability	AVE
<i>Job Demands</i>	JD1	Workload	0.750	0.872	0.903	0.610
	JD3	Emotional demands	0.800			
	JD6	<i>Work-life balance</i>	0.850			
	JD7	Working conditions	0.773			
	JD8	Suitability of instructions	0.787			
	JD9	<i>Jobdesk suitability</i>	0.720			
<i>Job Resources</i>	JR3	Social support	0.806	0.761	0.862	0.677
	JR4	Leader support	0.869			
	JR5	Development	0.791			
<i>Turnover Intention</i>	TI3	Subjective social status	0.794	0.913	0.936	0.745
	TI4	Organisational culture	0.791			

Variables	Measurement Item	Indicators	Outer Loading	Cronbachs Alpha	Composite Reliability	AVE
	TI5	Personal orientation	0.893			
	TI6	Personal expectations	0.930			
	TI7	Career growth	0.899			
<i>Work Engagement</i>	WE2	Power	0.873	0.858	0.904	0.704
	WE3	Helpful	0.860			
	WE4	Dedication	0.893			
	WE6	Engagement	0.719			

Source: Primary data processed, 2024

Six valid measurement items were used to measure the job demands variable. Item outer loadings ranged from 0.720 to 0.850, indicating that the six questions accurately measured job demands. With a combined reliability of 0.903 and Cronbach's alpha of 0.872, the degree of dependability of this variable is satisfactory, above the reliability criterion of 0.70. With an AVE score of 0.610, which is higher than 0.50 and indicates that the variation of this measurement item covers 61% of the construct being assessed, the convergent validity of this variable also meets good standards. With the highest outer loadings of 0.850 and 0.800, respectively, among the six measurement items, the work-life balance (JR6) and emotional demands (JR3) items showed the most vital link to the concept of job stress faced by PT Prinal personnel.

Three valid measurement items were used to measure the job resources variable; their outer loadings ranged from 0.791 to 0.869, indicating that the items were valid to reflect the measurement of job resources. With a combined reliability of 0.862 and Cronbach's alpha of 0.761, the degree of reliability of this variable is also adequate. With an AVE value of 0.677 higher than 0.50 and indicating that the variation of this measurement item covers 67.7% of the construct being assessed, the convergent validity of this variable meets a good standard. Of the three items, the leader support measurement item (JR4) has the highest outer loading of 0.869, indicating that the leader support aspect at PT Prinal has been measured well. However, other factors, such as social support and development opportunities, need to be considered for further improvement.

Five valid measurement items were used to assess the switching intention variable. The item outer loadings ranged from 0.791 to 0.930, indicating that all five items accurately reflect the measurement of switching intention. With a composite reliability of 0.936 and Cronbach's alpha of 0.913, this variable has a highly acceptable level of dependability. With an AVE score of 0.745, which is higher than 0.50 and indicates that the variation of this measurement item covers 74.5% of the construct being assessed, the convergent validity of this variable meets a good standard. Of the five items, the measurement items regarding personal expectations (TI6) and career growth (TI7) have the highest outer loading, at 0.930 and 0.899, respectively, indicating a strong correlation with the construct of turnover intention experienced by PT Prinal employees.

Four valid measurement items were used to measure the work engagement variable. Item outer loadings ranged from 0.719 to 0.893, indicating that all four questions accurately reflected the measurement of work engagement. With a composite reliability of 0.904 and Cronbach's alpha of 0.858, this variable has an adequate level of dependability. With an AVE value of 0.704, which is higher



than 0.50 and indicates that the variation of this measurement item covers 70.4% of the construct being assessed, the convergent validity of this variable also meets a good standard. The measurement items regarding strength (WE2) and dedication (WE4) have the most significant external loadings of the four, at 0.893 and 0.873, respectively. This indicates a strong relationship with the work engagement construct experienced by PT Prinal employees. Benefits and engagement must also be improved to support better work engagement.

## 2. Structural Model Evaluation

Testing research hypotheses regarding the relationship between variables is associated with structural model evaluation. There are several phases involved in the structural model evaluation process. To begin with, measure the inner VIF (*Variance inflation factor*) to ensure no multicollinearity problem between variables. There is no multicollinearity between variables if the Inner VIF value is less than 5 (Hair et al., 2021). The path coefficient and p-value are used to evaluate hypotheses about the relationship between variables in the second stage. A path coefficient that is less than zero indicates a negative relationship, and the opposite applies to the hypothesis being investigated. If the *P-value* is less than 0.05, it means that the variables have a significant influence on each other.

Measuring the f square, which shows the direct influence of factors at the structural level, is part of the third stage. The effect can be classified as low (0.02), medium (0.15), or high (0.35) based on the f square value. In addition, the upsilon v statistic obtained by squaring the mediation coefficient is used to assess the mediation effect. The mediation effect can be interpreted as low (0.02), medium (0.075), or large (0.175) based on the upsilon v value ((Sarstedt et al., 2021); (Lachowicz et al., 2018); (Ogbeibu et al., 2021).

**Table 3.**  
**Multicollinearity Test Results**

	VIF
Job Demands → Turnover Intention	1.309
Job Demands → Work Engagement	1.229
Job Resources → Turnover Intention	1.513
Job Resources → Work Engagement	1.229
Work engagement → Turnover Intention	1.494

Based on the test results, multicollinearity between variables is relatively easy, or the amount of multicollinearity is low because the inner VIF value is less than 5. This finding verifies the robustness (i.e., absence of bias) of the parameter estimation results in PLS-SEM.

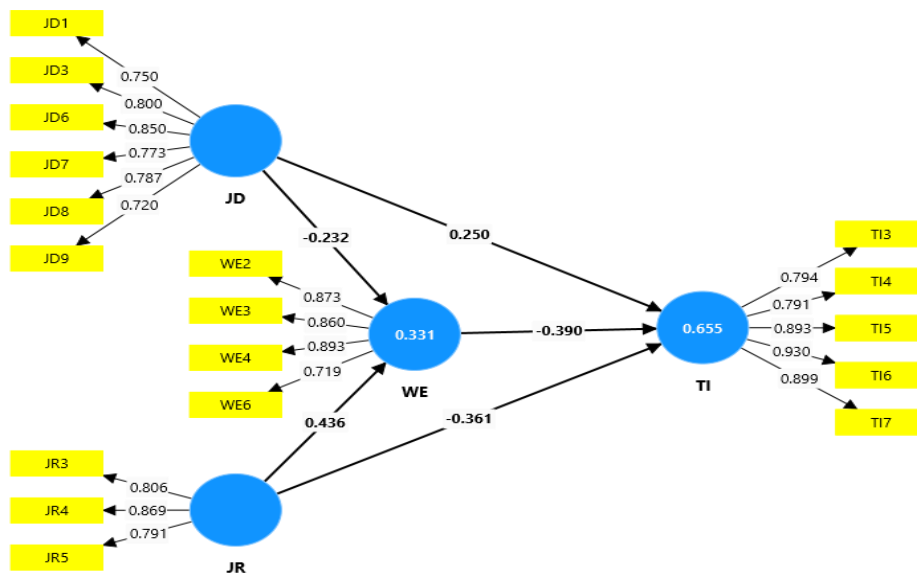
**Table 4. Direct Relationship Testing**

Hypothesis	Path Coefficient	P-values	95% Confidence Interval		F-square
			Lower Limit	Upper Limit	
H1. Job Demands → Turnover Intention	0.250	0.000	0.147	0.349	0.139

H2. Job Demands → Work Engagement	-0.232	0.001	-0.363	-0.094	0.065
H3. Job Resources → Turnover Intention	-0.361	0.000	-0.490	-0.242	0.249
H4. Job Resources → Work Engagement	0.436	0.000	0.312	0.558	0.231
H5. Work engagement → Turnover Intention	-0.390	0.000	-0.496	-0.272	0.295

**Table 5.**  
**Testing the Indirect Relationship (Mediation)**

Hypothesis	Path Coefficient	P-values	95% Confidence Interval Path Coefficient		Upsilon V
			Lower Limit	Upper Limit	
H6. Job Demands → Work engagement → Turnover Intention	0.090	0.005	0.033	0.157	0.008
H7. Job Resources → Work Engagement → Turnover Intention	-0.170	0.000	-0.241	-0.106	0.029



**Figure 4. Bootstrapping Test Results**

**Managerial Implication**

**1. Job Demands on Turnover Intention**

The first hypothesis (H1) is accepted, indicating a positive and significant influence between job demands and the increase in turnover intention with a path coefficient (0.250) and p-value (0.000 < 0.05). Any increase in job demands will increase turnover intention. With a 95% confidence level, the effect of job demands on turnover intention ranges from 0.147 to 0.349. However, the impact of

job demands in increasing turnover intention is moderate at the structural level (F square = 0.139). The job demands setting program is essential because turnover intention can decrease by 0.147 (lower limit) with a good setting.

The study's results align with the findings of (Hoare & Vandenberghe, 2024). This shows that job demands have a positive and significant relationship with turnover intention, especially on the work-life balance indicator. Similarly, (Gu et al., 2020) research explained that job demands positively predict turnover intention. Job demands have a positive role in turnover intention. The higher the job demands, the output will be directly proportional to the turnover intention that will arise. Based on the findings of (Patel & Bartholomew, 2021), job demands will positively affect burnout conditions, which is continued by the conclusions of Augustin et al. (2022). (Augustin, Zamralita, & Saraswati, 2022) explain that burnout significantly contributes to turnover intention. This can explain in detail in specific conditions that burnout can bridge job demands and turnover intention, apart from the work engagement variables studied.

## **2. Job Demands on Work Engagement**

The second hypothesis (H2) is accepted, showing a negative and significant influence between job demands and decreasing work engagement with a path coefficient (-0.232) and p-value ( $0.001 < 0.05$ ). Any increase in job demands will decrease work engagement. With a 95% confidence level, the effect of job demands on work engagement ranges from -0.363 to -0.094. However, the impact of job demands on reducing work engagement is low at the structural level (F square = 0.065). The job demands management program is very important because work engagement will only decrease by -0.094 (upper limit) with good management.

The results of this study are the findings of (Ugwu & Onyishi, 2020), which showed that job demands (workload and emotional demands) have a negative and significant relationship with work engagement. Although research by (Schaufeli & Bakker 2004) did not find a significant relationship between job demands and work engagement, research by Schaufeli & Bakker (2004) found a significant relationship between job demands and work engagement. (Montgomery, Spânu, Bøban, & Panagopoulou, 2015) support the idea that job demands (organizational and emotional demands) can lead to emotional exhaustion and depersonalization and are negatively related to passion and dedication to work (work engagement). (Bakker, 2011) also revealed that various job demands will result in different levels of engagement.

## **3. Job Resources on Turnover Intention**

The third hypothesis (H3) is accepted, showing a negative and significant influence between job resources on reducing turnover intention with a path coefficient (-0.361) and p-value ( $0.000 < 0.05$ ). Any increase in job resources will reduce turnover intention. With a 95% confidence level, the effect of job resources on turnover intention ranges from -0.490 to -0.242. However, the impact of job resources on reducing turnover intention is moderate at the structural level (F square = 0.249). A program to improve job resources is essential because turnover intention can decrease to -0.490 (lower bound) with a good arrangement.

Research from (Hoare & Vandenberghe, 2024) showed that most predictors of job resources have a negative relationship with turnover intention influenced by emotional exhaustion. This study confirms the importance of job resources in reducing turnover intention. Individuals generally want

social support, value congruence with the organization, appropriate rewards, and opportunities to learn and develop in their work. (Albrecht et al., 2021). Job resources can serve as motivation when employees face high job demands that can lead to burnout. Based on the JD-R model, when employees face high emotional needs, social support from co-workers becomes more visible and significant. (Schaufeli & Bakker, 2004).

#### **4. Job Resources on Work Engagement**

The fourth hypothesis (H4) is accepted, showing a positive and significant influence between job resources on increasing work engagement with a path coefficient (0.436) and p-value ( $0.000 < 0.05$ ). Any increase in job resources will increase work engagement. With a 95% confidence level, the effect of job resources on work engagement ranges from 0.312 to 0.558. However, the impact of job resources on increasing work engagement is moderate at the structural level (F square = 0.231). A program to improve job resources is essential because work engagement can increase to 0.558 (upper limit) with a good arrangement.

Research results from (Russell et al., 2020) show that job resources have a significant positive relationship with work engagement ( $b = 0.101, p = 0.001$ ). The research results (Van Heerden, Du Plessis, & Becker, 2022) found that job resources have a positive and significant relationship with work engagement. According to the theory of conservation of resources (COR) (Hobfoll, 1989), if the organization does not provide job resources (such as development opportunities, role clarity, and social support), employees tend to withdraw from work because their motivation and commitment decrease. The availability of social support, support from leaders, and development opportunities are essential to increase work engagement. Employees will show high dedication and enthusiasm if they can access learning opportunities, job variety, social support, and supportive leaders.

#### **5. Work Engagement on Turnover Intention**

The fifth hypothesis (H5) is accepted, showing a negative and significant influence between work engagement and reducing turnover intention with a path coefficient (-0.390) and p-value ( $0.000 < 0.05$ ). Any increase in work engagement will reduce turnover intention. With a 95% confidence level, the effect of job demands on work engagement ranges from -0.496 to -0.272. However, the impact of work engagement in reducing turnover intention is low at the structural level (F square = 0.295).

Various studies show that low levels of work engagement will stimulate a person to leave the organization (turnover intention) (Russell et al., 2020). Work engagement will create a positive and fulfilling experience, focusing on maintaining health and achieving success in one's career. (Schaufeli & Bakker, 2004). Employees with high engagement will produce quality work results and do not intend to leave. In addition, highly engaged workers are indirectly obligated to repay their organization with long tenure and tend to stay with the organization (Saks, 2006).

#### **6. Job Demands on Turnover Intention Through Work Engagement**

The mediation test results show that the sixth hypothesis (H6) is accepted, where work engagement significantly acts as a mediating variable, namely mediating the indirect effect of job demands on turnover intention with a mediation path coefficient (0.090) and p-value ( $0.005 < 0.05$ ). However, at the structural level, the mediating role of work engagement is still relatively low ( $\text{upsilon } \nu = 0.008$ ).

(Ogbeibu et al., 2021). With a 95% confidence level, increasing the role of work engagement can increase mediation to 0.157 (upper limit). Work engagement relates to a person's attitude, behaviour, and intention (Saks, 2006).

Employees with high work engagement are expected to be more physically and emotionally involved with their organization and less likely to leave it (turnover intention). (Bakker et al., 2007). Various findings and this study show that work engagement is negatively related to turnover intention (-0.390; 0.000). The research is supported by the findings of (Wan et al., 2018), which show that work engagement acts as a partial mediation between work environment (job demands and job resources) and turnover intention. This is because job demands and job resources influence turnover intention. Employees with low work engagement are likelier to have a greater purpose when leaving the organization.

### **7. Job Resources on Turnover Intention through Work Engagement**

The mediation test results show that the seventh hypothesis (H7) is accepted, where work engagement significantly acts as a mediating variable, namely mediating the indirect effect of job resources on turnover intention with a mediation path coefficient (-0.170) and p-value ( $0.000 < 0.05$ ). However, at the structural level, the mediating role of work engagement is still relatively low (upsilon  $v=0.028$ ). (Ogbeibu et al., 2021). With a 95% confidence level, increasing the role of work engagement can reduce mediation to -0.106 (upper bound).

The research aligns with (Li et al., 2022), which shows that work engagement will positively mediate the relationship between job resources and turnover intention. Supported by research from (Shaukat et al., 2020), there is a mediating role of work engagement between job resources on turnover intention. (Kissi et al., 2023). Based on the findings of (Artiningsih et al., 2023), work engagement mediates the relationship between job resources and turnover intention. The results of this study confirm that when employees have access to adequate job resources, they tend to be more engaged in their work, which, in turn, reduces the intention to leave the organization.

### **Conclusion**

PT Prinal personnel's job requirements, job resources, work engagement, and intention to leave the company are the subjects of investigation. Thus, work engagement is negatively affected by job expectations. The work engagement of employees at PT Prinal decreases as work expectations increase. The demands of the job are an obstacle. Workplace expectations positively impact the tendency to leave—the tendency of P.T. principal employees to leave increases along with job pressure. Demands from work are an obstacle. Job attachment is positively affected by job resources. The more work resources management provides, the greater the engagement of PT Prinal employees at work. In addition, work engagement is negatively affected by job resources. Employees at PT Prinal are less likely to plan to leave their jobs with more job resources management provides. Turnover intention is negatively affected by work engagement. Employees' Job involvement at PT Prinal positively correlates with low turnover intention. Since job demands directly impact turnover intention, job engagement is a partial negative mediator between the two variables. Meanwhile, since job resources directly affect turnover intention, work engagement is a partial negative mediator between the two.

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